Standard 7:

Person - Centred Support
Main Area: Promote person-centred values in everyday work.

Outcomes:
7.1.1- Understand how to put person-centred values into practice in your day to day work.

Please give 2 examples of where you have put, ‘person – centred values’ into practice in your work place?

Answer:

1.

2.
Question:

Please give two reasons to why it is important to work in a way that promotes, person centred values when providing support to individuals/ service you care for?

Answer:

1.

2.
Question:

Please give 2 examples on how you promote dignity in your day to day work with the individuals you support.

Answer:

1.

2.
Question:
Please give two examples in your work place where the work is carried out in a 'person centred way'?

Answer:
1.

2.
<table>
<thead>
<tr>
<th>Main Area</th>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Working in person centred way.</td>
<td>7.2.2- Understand why it is important</td>
</tr>
<tr>
<td></td>
<td>to find out the history, preferences,</td>
</tr>
<tr>
<td></td>
<td>wishes and needs of the individual(s)</td>
</tr>
<tr>
<td></td>
<td>you are supporting.</td>
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</table>

**Question:**

Please list any 2 reasons on why it is important to find out the history, preferences, wishes and needs of the individual/service user you are supporting.

**Answer:**

1. 

2.
Question:

<table>
<thead>
<tr>
<th>Main Area:</th>
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<tbody>
<tr>
<td>Working in person centred way.</td>
<td>7.2.3- Understand how the changing needs of an individual are reflected in their care plan and how this contributes to working in a person – centred way.</td>
</tr>
</tbody>
</table>

a. Please give 2 examples of how the changing needs of an individual are reflected in their care plan.
b. Also please explain how this has contributed to working in a ‘person –centred way’, in your work place.

Answer:

a.

b.
Question:

<table>
<thead>
<tr>
<th>Main Area :</th>
<th>Outcomes :</th>
</tr>
</thead>
<tbody>
<tr>
<td>Working in person centred way.</td>
<td>7.2.4- Understand the importance of supporting individuals to plan for their future well being and fulfilment, including end of life care where appropriate.</td>
</tr>
</tbody>
</table>

Please give one example for both questions where you have supported individual/service user to:

a. Plan for their future well being and fulfilment
b. End of life care (if you have come across or if you come across in future)

Answer:

a.

b.
**Question:**
Please list any 4 signs or symptoms that indicate that the individual is developing dementia or has dementia?

**Answer:**

<table>
<thead>
<tr>
<th>Main Area : Recognising possible signs of dementia.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outcomes :</td>
</tr>
<tr>
<td>7.3.1- Be aware of possible signs of dementia in the individuals with whom you work.</td>
</tr>
<tr>
<td>Main Area : Recognising possible signs of dementia.</td>
</tr>
</tbody>
</table>

**Question:**

Briefly explain for each of below, why it can be mistaken for dementia?

a. Depression  
b. Delirium  
c. Age related memory impairment

**Answer:**

a. 

b. 

c.
**Question:**

Please give any 2 reasons why early diagnosis is important in relation to dementia.

**Answer:**

1.

2.
You are supporting an individual. You observe that she is developing the symptoms of dementia.

a. Please list 2 individuals you will speak to about this situation.

b. Please explain briefly how you will address this issue to those 2 individuals.

Answer:

a.

b.
Question:
Please explain why it is important to respect and value people for who they are.

Answer:

Question:
Please give one example from your workplace. This may not be your own – that being non-judgemental has contributed to active participation.

Answer:
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<tbody>
<tr>
<td>Supporting active participation.</td>
<td>7.4.2- Know ways of enabling individuals to make informed choices about their lives.</td>
</tr>
</tbody>
</table>

Question:

Please give two examples in your work setting or a personal experience of caring for family member where you have enabled individuals/service user to make informed choices about their lives?

Answer:

1.

2.
Question:

Except from the ways explained in the last question 7.4.2 please give examples of any two ways that you may be able to support active participation?

Answer:

1.

2.
Question:
Please explain briefly why it is important for individuals to maintain their own social and community networks.

Please give one example on how this has helped an individual/service user?

Answer:

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<tr>
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<tbody>
<tr>
<td>Supporting active participation.</td>
<td>7.4.4- Know the importance of enabling individuals to develop skills in self care and to maintain their own social and community networks.</td>
</tr>
</tbody>
</table>

Question:
Please explain briefly why it is important to enable individuals to develop skills in self care?

Answer:
Question:
Please give two examples in which you have enabled an individual/service user to make informed choices.

Answer:
1.

2.
Question:
Please write one situation where you carried out a risk assessment process and you have been able to support individual make the right choices.

Answer:

<table>
<thead>
<tr>
<th>Main Area:</th>
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<tbody>
<tr>
<td>Supporting individual’s rights to make choices.</td>
<td>7.5.2- Understand how you can use agreed risk assessment processes to support the right to make choices.</td>
</tr>
<tr>
<td>Main Area</td>
<td>Outcomes</td>
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<tr>
<td>-------------------------------</td>
<td>-----------------------------------------------</td>
</tr>
<tr>
<td>Supporting individual's rights to make choices.</td>
<td>7.5.3- Know why your personal views should not be allowed to influence an individual's choices.</td>
</tr>
</tbody>
</table>

Please explain a situation where the care workers personal views have/may influence a service user's choices unfairly?

Answer:
Question: Please give one situation where the decision concerning an individual/service user is made by others related to that service user—and how you have supported that individual to question or challenge these decisions made?

Answer:

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<tr>
<td>Supporting individual’s rights to make choices.</td>
<td>7.5.4- Be aware that there may be occasions you may need to support an individual to question or challenge decisions concerning them that are made by others.</td>
</tr>
</tbody>
</table>
Question:

Please give one example of how an individual’s identity and self esteem are linked to spiritual and emotional well being?.

Answer:

1.

<table>
<thead>
<tr>
<th>Main Area: Promoting spiritual and emotional well-being.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outcomes: 7.6.1- Be aware of how individual identity and self esteem are linked with spiritual and emotional well being.</td>
</tr>
<tr>
<td>Main Area</td>
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<tr>
<td>-----------</td>
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<tr>
<td>Promoting spiritual and emotional well-being.</td>
</tr>
</tbody>
</table>

Please give two examples of attitudes and/or approaches that have/ are likely to promote spiritual and emotional well-being?.

Answer:

1.
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<tr>
<td>Promoting spiritual and emotional well-being.</td>
<td>7.6.3- Know how to support an individual in a way that promotes a sense of identity and self esteem.</td>
</tr>
</tbody>
</table>

Question:

Please give one example on how you have supported an individual in a way that promotes a sense of identity and self esteem?

Answer:

1.
Question:

Please give one example of how you can contribute to create/support to create an environment that promotes spiritual and emotional well being.

Answer:

1.